

**Minnesota Short Course 12 & Under State Championships
(All Zones) with Time Trials
Friday, Saturday, & Sunday - March 12-14, 2010
Rochester Recreation Center
Entry Deadline: Sunday, Feb. 21, 2010**

Sponsored By: Med-City Aquatics

Sanctioned By: Minnesota Swimming, Inc. and USA Swimming, Inc.

Meet Sanction Number: MN10W-01-13Y

Time Trial Sanction Number: MN10W-01-115Y

Meet Type: This is a 3 day Timed Finals meet for all 12 and Under swimmers with Champ times.

Pool Location: Rochester-Olmsted County Recreation Center Natatorium
21 Elton Hills Drive, Rochester, MN 55901

Telephone # for emergency use only: (507) 281-6167

Directions: Approaching Rochester from the South or North on US Highway 52 take the 19th Street Northwest Exit. If you are coming from the North, take a left turn (East) off the ramp onto 19th Street. After crossing the highway bridge, go straight at the stop light onto Elton Hills Drive. Follow the winding Elton Hills Drive to just before the intersection with Broadway (0.8 mile). The Rec Center is on the left prior to the Broadway intersection. If you approach from the South, exit at 19th Street. Turn right off the ramp onto 19th street. Go straight at the light onto Elton Hills Drive. Follow Elton Hills Drive similarly.

Entrance to the pool on competitive days is on the WEST side. **PARK ONLY ON THE WEST SIDE OF THE FACILITY.**

Time Schedule: Friday March 12 Warmup pool opens 3:30 PM, Meet Start: 5:00 PM

Saturday March 13 Warmup pool opens 12:30 PM, Meet Start: 2:00 PM

Sunday March 14* Warmup pool opens 8:30 AM, Meet Start: 10:00 AM

***NOTE: Daylight Savings Time starts Sunday. Meet start has been adjusted accordingly**

Facility: Eight lane, 50 meter indoor pool with a bulkhead that separates the pool into two eight-lane 25 yard courses.

The pool is equipped with lane lines and backstroke pennants. Slanted starting blocks are 26 inches above the water surface. The pool depth at the starting end is 16 feet, rising to 7 feet at the bulkhead.

Host team reserves the right to start from both ends if needed.

Continuous warm-up will be available in the shallow-end 25-yard course unless it is being used for competition.

Use of the warm-up pool will be restricted to swimmers warming-up and warming down. The NO DIVING rule will constantly be in effect in the warm-up pool. No horseplay will be permitted.

Timing: Electronic timing system with backup buttons and watches, horn start and touchpads at the start end of the pool.

Meet Lane Timing Needs: A motion was passed on 10/20/1998 that states: "During all MSI regularly bid, sanctioned events, visiting clubs will provide timers as necessary for the duration of the competition. The meet will not begin until the timing needs have been met. The host club may not place requirements on any individual team to participate at any specific level."

Proof of Times: All events entered must have verifiable times (from a sanctioned or approved USA Swimming Meet or Time Trial) meeting the MN TSE for that specific event. Proof of these times must accompany your entries.

Meet Format: All events are timed finals with only the 500 Free being a deck-seeded event. All other events are pre-seeded.

All swimmers must report to their blocks for the start of their heat. The 500 Free will require a positive check-in. Relays will be timed finals and will be swum as described in the Relay section of this information.

Entry Limitations: Age of a swimmer is determined by their age on the first day of the State Meet.

Event Limits: 11 & 12 ~ 9 event maximum

9 & 10 ~ 8 event maximum

8 & Under ~ 6 event maximum

4 individual events/day maximum. Relays do not count against limits.

!! New 2004 - Additional Qualifying Criterion for State Championships !!

Affecting swimmers who age-up between A/B Finals and State

Swimmers are now allowed to swim the events from their old age group in which they HAD champ time(s), in their new age group, provided:

They age up in between the starting dates of A/B Finals and State.

They are either 8 becoming 9, or 10 becoming 11.

They have champ time(s) in their old age group before A/B Finals. Champ times made for the younger age group at A/B Finals may not be entered in State under this provision.

This affects only those events in which a swimmer had champ times (old age group) and do not now have champ times (new age group).

ENTRY DUE DATE: Sunday, Feb. 21, 2010

Swimmers achieving a CHAMP time at either C or AB Finals may late enter the AGE GROUP STATE Meet. Late entries MUST be emailed to the geck@aquajets.com by the Monday following either C or AB Finals, no later than 8:00am. You will receive an email confirmation.

Entries received after that time will not be accepted.

Fees: \$7.50 per entrant listed on the entry sheet, including "relay only" swimmers, \$5.00 per individual event, \$5.00 per leg of relay.

Time Standards: 2009-2012 MN Swimming Time Standards – effective 4/1/09 will be used. A swimmer must have a CH time or faster to enter the meet. The time must have been achieved since January 1, 2009 and be verifiable.

Awards: Individual Events: 1st - 8th place medals. Relay Events: 1st - 8th place medals. Awards will be presented to the top 8 finishers in each event at award ceremonies during the meet. Certificates will be given to the Top 3 High Point swimmers in each age group and sex. High Point State Championship and Runner-up plaques will be awarded separately for male and female teams in the following age groups: 8 & U, 10 & U and 11-12.

An Age Group Championship Trophy will be awarded to the top team. At the completion of both Senior and 12 & Under State Championship meets, team totals will be combined and Team High Point Banners will be awarded to the Top 5 teams in A, AA & AAA Divisions.

Scoring: Individual Event Points: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.

Relay event points: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2.

All events will be scored to 16 places. This meet will

Time Trials: Time trials will be offered, time permitting, at a time designated by the administrative referee. Time trials are open only to swimmers in the meet.

\$5.00 per event. Sign up will be at the meet administration area.

Time trials count toward a swimmers entry limit - See Entry Limitations.

Concessions: Will be provided in the gym. Camping is permitted in the gym.

Warm-up: The NO Diving and Slip-In Entry rules will be strictly enforced.

TIMELINES: Any timelines provided, whether through the MSI phone line, on the MSI web site, or in the meet program, are for information purposes only. Session start times are only approximations, be aware that sessions may start earlier than published.