

A/B Finals for 12 & Under
A/B/C Finals for 13 & Over
With Time Trials
March 5-7 2010

Entry Deadline, Sunday, February 14, 2010

Sponsored By: Minnetonka Swim Club

Sanctioned By: Minnesota Swimming, Inc. and USA Swimming, Inc.

Meet Sanction Number: MN10W-02-16Y

Time Trial Sanction Number: MN10W-02-120Y

MEET TYPE: This is a 2 ½ day meet. There will be three categories of competition for awards: swimmers with verifiable "A" times but not faster (NO Champ times will be allowed), swimmers with verifiable B times, and swimmers with verifiable C times.

POOL LOCATION: Minnetonka Aquatics Center. ADDRESS 17000 Lake Street Extension, Minnetonka MN 55345 Telephone for emergency use only: 952 401-5225

DIRECTIONS: From the intersection of Interstate 494 and Highway 7 proceed west 2.6 miles to CR101, proceed north 1 mile turn right on Lake Street Extension, proceed east .4 miles to Minnetonka Middle School East. The pool is located on the north side of the school.

TIME SCHEDULE: Friday afternoon session – Warm-ups at 4:20 PM to 5:20 PM meet starts at 5:30pm

Saturday and Sunday Morning sessions: Warm-ups start at 7:20 AM to 8:20 AM, meet starts at 8:30 AM.

Saturday and Sunday afternoon sessions: Will not start before 11:30 AM preceded by a 60- minute warm-up,

FACILITY: 8 Lane, 25 yard indoor pool with lanelines and backstroke pennants. Slanted starting blocks are 30 inches above the water surface. The pool depth at the starting end is 7 feet deep

PURPOSE: To provide a Final, Championship level meet for Minnesota swimmers with A, B, and C times.

TIMING: A Colorado Electronic timing system with backup buttons and/or watches, start horn and touch pads.

TIME STANDARDS: 2009-2012 Minnesota Time Standards, revised May 12, 2009. All 15-16 and Senior events will be combined for competition and separated for awards.

The 15-16 Men and Women will enter by the 15-16 time standards.

In keeping with the State Meet qualifying format, all Senior competitors must use 17-18 times standards for entry.

ENTRY LIMITATIONS: Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day.

A swimmer may swim up to 5 events per day, if those additional events are time trial events. All entries must be verifiable from January 1, 2009 to present.

All "A" swimmers must have a minimum of an "A" time, but not the maximum of a "CHAMP" time, regardless of course.

All "B" swimmers must have a minimum of a "B" time, but not the maximum of an "A" time, regardless of course.

All "C" swimmers must have a minimum of a "C" time, but not the maximum of a "B" time, regardless of course.

FEES: \$7.50 per entrant listed on the entry sheet, \$5.00 per individual splash.

MEET FORMAT: The meet is pre-seeded with timed finals. All swimmers must report to their blocks for the start of their heat. All athletes will swim together in their age group category seeded by times and will be separated by A/B/C for awards.

(500/400) FREESTYLE: This is a timed final event. It will be deck seeded upon completion of the positive check-in. Positive check-in is required on Saturday afternoon at the timing table, the referee will determine the time of check-in. Heats will be swum fastest to slowest alternating gender dependent upon the order of events. Age Groups and gender may be combined at the discretion of the meet referee.

Minnesota Scratch Rules will be in effect.

(1000/800) FREESTYLE: This is a timed final event. It will be deck seeded upon completion of the positive check-in.

Positive check-in is required on Sunday afternoon at the timing table, the referee will determine the time of check-in. Heats will be swum fastest to slowest alternating gender dependent on the order of events. Age groups will be combined.

We reserve the option to combine events by gender at the discretion of the meet referee.

(1650/1500) FREESTYLE: This is a timed final event. It will be deck seeded upon completion of the positive check-in. Positive check-in is required on Friday at the timing table, the referee will determine the time of check-in.

Heats will be swum fastest to slowest alternating gender dependent upon the order of events. Age groups will be combined. We reserve the option to combine events by gender at the discretion of the meet referee.

Additional criteria for entering the 800/1000 or the 1500/1650 Freestyle events:

1. Swimmers with an "A" (or faster) or "B" time in the 400/500 Free may use that time to enter the 800/1000 or 1500/1650 (enter the corresponding "A" or "B" event). Note: this rule applies to this meet but not to the STATE meet. Swimmers should enter at the corresponding TSE Time.

2. Swimmers with an "A" (or faster) or "B" time in the 800/1000 may use it to enter the 1500/1650 and vice-versa (enter the corresponding "A" or "B" event). Swimmers should enter at the corresponding TSE Time.

WARM-UP: The NO DIVING and SLIP-IN-ENTRY rules will be strictly enforced.

AWARDS: Individual Events: A Events: Medals will be awarded to 1st through 8th place. B Events: Rosette Ribbons will be awarded to 1st through 8th place.

C Events: Strip Ribbons will be awarded to 1st through 8th.

Certificates will be issued for new Champ, A and B times. Awards will be given out to athletes 30 minutes after the posting of the final results, barring complications with the results.

SCORING: None.

TIMELINES: Any timelines provided, whether through the MSI phone line, on the MSI web site, or in the meet program, are for information purposes only.

TIME TRIALS: Time trials will be offered, time permitting, following the morning and afternoon sessions. Time trials are open only to swimmers in the meet.

Time trials count toward a swimmer's entry limit for the day (See Entry Limitations).

Sign up will be at the pool entrance door. There will be a cost of 45 cost of \$5.00 per time trial event. Warm-ups for time trials will be allowed as time permits at the discretion of the meet referee.

CONCESSIONS: Will be provided.

Entry Deadline, Sunday, Feb. 14, 2010

Swimmers Achieving a CHAMP Time at ABC Finals may late enter the AGE Group or SR State Meet by sending an email with the event(s) no later than 8:00am, Monday, March 1, 2010. Entries received after that time will not be accepted. Please email geck@aquajets.com